

Maximizing Your Employees' Productivity and Happiness Through Executive Counseling and Life Coaching

Competitive Advantage

There is a marked competitive advantage for you and your employees to have on-site access to one-on-one Executive Counseling with a clinical psychologist and life coach. You and your employees can receive immediate attention, in the workplace, for both professional and personal matters related to relationships with co-workers or clients, work-life balance, setting and achieving goals, employee retention and more.



Microsoft, Yahoo, Expedia and others have a full-time, on-site psychologist for the emotional and business wellbeing of their employees because they know that “happier workers make for more successful companies.”

Now, you and your company can also give yourself such an advantage with similar services, albeit part-time.

Now you and your employees can:

- Transform the quality of your life, in your professional and personal lives, from the “comfort” of your workplace.
- Make deep and permanent changes that lead to more freedom in every day life and more power to take action.

Other Benefits Include:

- Decreased job stress and improved job satisfaction and morale
- Increased self-awareness of the issues that get in the way of effectiveness and leadership
- More satisfying relationships with co workers, clients, as well as with family and friends
- Assistance in keeping employees' momentum in all that they aspire to accomplish
- Constructive ways to deal with such emotions as frustration, fear, anger and even success

What's unique about me

I bring the principles of coaching, sports psychology, Cognitive Behavior Therapy (CBT), positive psychology, spiritual and mindfulness-based psychology to help you and your employees achieve whatever you desire in both your professional and personal lives. My clients have included schools, universities, military families, medical centers and businesses.

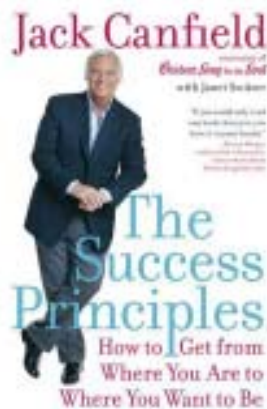
I offer a safe, confidential and non-judgmental place for self-reflection and personal development, on-site in the workplace or off-site in private practice. My services are professional, engaging and exclusive to the individual. I invite you to come think and talk about whatever is on your mind and enjoy hearing the voice of your own guiding wisdom

People report increased insight, more confidence and positive results in the quality of their professional and personal relationships. I make a profound difference in the way people interact and work.



Dr. Jeannie LeMesurier

obtained her B.A. and M.A. from McGill University and her Ph.D. from l'Université de Montréal and has been personally mentored by Jack Canfield, America's #1 Success coach, co-author of *Chicken Soup for the Soul* and teacher in the movie, *The Secret*.



"I am committed to producing results for you and your employees. It's not about finding out what's wrong with you and fixing it but about finding out what's *right* with you and enhancing it. Our options are greater when we access our greatness."

Testimonial

"It isn't going too far to say that Jeannie has changed my life. She is a great listener and always asks the right question to consider in whatever domain we're discussing. I frequently find myself reflectig on our conversations when I think about the future."

Clinton Free, Associate Professor, Queen's University **School** of Business, Canada

Services:

Three on-site Executive Counseling programs are available to you and your employees: Silver, Gold and Platinum. Programs range in availability from 2 to 6 hours/week. All three programs require a minimum three-month commitment and all include, apart from the formal consultations mentioned above, meetings with the company's decision maker, presentations, informal consultations and a written report by me on the effectiveness of my services. My retainer fee is \$2000 to \$6000/month respectively.

Invite Dr. Jeannie to your company by contacting her at

DrJeannie@me.com

or

(707) 326-5666